

## LEXINGTON CITY SCHOOLS December - 2024



## START YOUR DAY WITH A GOOD BREAKFAST! Breakfast Provides Benefits...Make it a Priority!!!

START YOUR DAY WITH A GOOD BREAKFAST! Breakfast Provides BenefitsMake it a Priority!!!				
Higher Test Scores	Improved Attendance	Fewer trips to School Nurse	Improved Classroom Behavior	Better Learning
2	3	4	5	6
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
CEREAL W/GRAHAM CRACKERS	PANCAKES	WAFFLE	APPLE FRUDEL	BREAKFAST PIZZA
FRUIT, 100% FRUIT JUICE	FRUIT, 100 % FRUIT JUICE	FRUIT, 100% FRUIT JUICE	FRUIT, 100% FRUIT JUICE	FRUIT, 100 % FRUIT JUICE
CHOICE OF LOW FAT MILK	CHOICE OF LOW FAT MILK	CHOICE OF LOW FAT MILK	CHOICE OF LOW FAT MILK	CHOICE OF LOW FAT MILK
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
CORN DOG	TACO TUESDAY W/CHIPS	DOMINO'S PIZZA	CHICKEN PATTY ON BUN	CHICKEN FAJITA W/WRAP
BAKED BEANS	FIESTA BLACK BEANS	SPINACH SALAD	GREEN BEANS	CORN
PEAS	LETTUCE/TOMATO/CHEESE	COOKED CARROTS	FRIES	PINTO BEANS
FRUIT	FRUIT	FRUIT	FRUIT	FROZEN FRUIT
CHOICE OF LOW FAT MILK	CHOICE OF LOW FAT MILK	CHOICE OF LOW FAT MILK	CHOICE OF LOW FAT MILK	CHOICE OF LOW FAT MILK
9	10	11	12	13
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
CINI MINI	CEREAL W/GRAHAM CRACKERS	WAFFLE	STRAWBERRY BAGEL	BREAKFAST ON A STICK
FRUIT, 100% FRUIT JUICE	FRUIT, 100% FRUIT JUICE	FRUIT, 100% FRUIT JUICE	FRUIT, 100 % FRUIT JUICE	FRUIT, 100 % FRUIT JUICE
CHOICE OF LOW FAT MILK	CHOICE OF LOW FAT MILK	CHOICE OF LOW FAT MILK	CHOICE OF MILK	CHOICE OF MILK
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
QUESADILLA	BAKED POTATO	DOMINO'S PIZZA	HAMBURGER STEAK & GRAVY	BARBEQUE ON BUN
REFRIED BEANS	w/BREADSTICK	SALAD	W/ROLL	BAKED BEANS
RED PEPPER STRIPS W/RANCH	BROCCOLI	CARROTS	GREEN BEANS	FRIES
FRUIT	CHEF SALAD	FRUIT	MASHED POTATOES	FROZEN FRUIT
CHOICE OF LOW FAT MILK	FRUIT	CHOICE OF LOW FAT MILK	FRUIT	CHOICE OF LOW FAT MILK
CHOICE OF LOW TAI WILK	CHOICE OF LOW FAT MILK	CHOICE OF LOW TAT WILK	CHOICE OF LOW FAT MILK	CHOICE OF LOW TAI WILK
40		40		
16	17	18	19	20
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
CEREAL W/GRAHAM CRACKERS	PANCAKES	APPLE FRUDEL	APPLE FRUDEL	BREAKFAST PIZZA
FRUIT, 100% FRUIT JUICE	FRUIT, 100 % FRUIT JUICE	FRUIT, 100% FRUIT JUICE	100% FRUIT JUICE	FRUIT, 100% FRUIT JUICE
CHOICE OF LOW FAT MILK	CHOICE OF LOW FAT MILK	CHOICE OF LOW FAT MILK	CHOICE OF LOW FAT MILK	CHOICE OF LOW FAT MLK
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
TERIYAKI CHICKEN	CHICKEN WINGS	DOMINO'S PIZZA	CHICKEN AND GRAVY W/ ROLL	MOZARELLA CHEESE STICKS
VEGETABLE FRIED RICE	CHEESY POTATOES	SALAD	MASHED POTATOES	FIESTA BLACK BEANS
EGG ROLL	FRESH VEGETABLES	CARROTS	GREEN BEANS	RED PEPPER STRIPS W/RANCH
FRESH VEGETABLES	FRUIT	FRUIT	FRUIT	FROZEN FRUIT
FRUIT	CHOICE OF LOW FAT MILK	CHOICE OF LOW FAT MILK	CHOICE OF LOW FAT MILK	CHOICE OF LOW FAT MILK
CHOICE OF LOW FAT MILK				

